


















Licking Heights Elementary LUNCH MENU 2018 - 2019








www.lhschools.org



School Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(WEEK 1)				
 <p>Indicates Possible Pork Product</p> <p>DONATOS PIZZA OR All Beef Hot Dog Spicy Wedge Fries Baked Beans Pineapple Tidbits</p> 	 <p>Chicken Nuggets OR Cheeseburger Tator Tots Corn Fruit Crisp</p> 	 <p>Spicy Chicken Sandwich OR Ocean Treasures OR Pizza Munchable Baby Carrots w/Dip Side Salad Mixed Fruit</p> 	 <p>Chicken Sandwich OR Breakfast for Lunch Hash Browns Fresh Fruit Orange Sidekick</p> 	 <p>Pizza OR Mozzarella Cheese Sticks Carrot Coins Side Salad Peaches Chocolate Chip Cookie</p> 

(WEEK 2)				
<p>JETS PIZZA OR Mini Corn Puppies Waffle Fries (SP) Green Beans Mixed Fruit</p> 	<p>Spicy Chicken Sandwich OR All Beef Hot Dog Curly Fries Fresh Fruit Chocolate Chip Cookie</p> 	 <p>Chicken Nuggets OR Bosco Sticks OR Pizza Munchable Spicy Wedge Fries Broccoli Florets Applesauce</p> 	 <p>Chicken Sandwich OR Walking Taco Corn Refried Beans Fresh Fruit</p> 	<p>Pizza OR Beef Ravioli w/Breadstick Baby Carrots w/Dip Side Salad Fresh Fruit Welch's Fruit Snack</p> 

(WEEK 3)				
<p>MARCOS PIZZA OR Cheeseburger Curly Fries Side Salad Peaches</p> 	<p>Spicy Chicken Sandwich OR Mini Corn Puppies Mashed Potatoes w/ Gravy Carrot Coins Fresh Fruit</p> 	 <p>Chicken Nuggets OR Garlic Cheese Bread OR Pizza Munchable Tator Tots Side Salad Fresh Fruit</p> 	 <p>Chicken Sandwich OR Orange Chicken Broccoli Orange Sidekick Applesauce</p> 	<p>Pizza OR Fiestada Baby Carrots/Ranch Green Beans Mixed Fruit Oreo Cookies</p> 

AUG 2018					SEPT 2018						
M	T	W	T	F	M	T	W	T	F		
		1	2	3							
6	7	8	9	10	wk 1	3	4	5	6	7	
wk 1	13	14	15	16	17	wk 2	10	11	12	13	14
wk 2	20	21	22	23	24	wk 3	17	18	19	20	21
wk 3	27	28	29	30	31	wk 1	24	25	26	27	28

OCT 2018					NOV 2018						
M	T	W	T	F	M	T	W	T	F		
wk 2	1	2	3	4	5	wk 3			1	2	
wk 3	8	9	10	11	12	wk 1	5	6	7	8	9
wk 1	15	16	17	18	19	wk 2	12	13	14	15	16
wk 2	22	23	24	25	26	wk 3	19	20	21	22	23
wk 3	29	30	31			wk 1	26	27	28	29	30

DEC 2018					JAN 2019						
M	T	W	T	F	M	T	W	T	F		
wk 2	3	4	5	6	7		1	2	3	4	
wk 3	10	11	12	13	14	wk 2	7	8	9	10	11
wk 1	17	18	19	20	21	wk 3	14	15	16	17	18
	24	25	26	27	28	wk 1	21	22	23	24	25
	31				wk 2	28	29	30	31		

Breakfast- Free
LUNCH PRICE- \$2.50
REDUCED LUNCH PRICE - \$.40
EXTRA MILK - \$.50

Meal payments can be made via cash or check (payable to Licking Heights Food Service) in an envelope with your students name clearly marked. On-line meal payments, or to check your student's lunch account balance, please visit: www.myschoolbucks.com

Licking Heights Local Schools cannot guarantee trace amounts of potential allergens not listed on food labels for sensitive individuals. We attempt to make reasonable accommodations for students with allergies. Please call the Food Service office for assistance. 614-626-7282.

WEEKLY COLD OPTIONS

Monday Crispy Chicken Entree Salad
Tuesday Bento Box
Wednesday Pizza Munchable
Thursday Vegetarian Chef Salad
Friday Munchable

Free & Reduced Applications are available on-line at <https://www.myschoolapps.com>

Vegetarian Options Available Daily

Milk and/or water included with all meals.

SNACKS AND DRINKS AVAILABLE FOR PURCHASE

"This institution is an equal opportunity provider."

FEB 2019					MARCH 2019						
M	T	W	T	F	M	T	W	T	F		
				1					1		
wk 2					wk 3						
wk 3	4	5	6	7	8	wk 1	4	5	6	7	8
wk 1	11	12	13	14	15	wk 2	11	12	13	14	15
wk 2	18	19	20	21	22	wk 3	18	19	20	21	22
wk 3	25	26	27	28			25	26	27	28	29

APRIL 2019					MAY 2019						
M	T	W	T	F	M	T	W	T	F		
wk 1	1	2	3	4	5	wk 2		1	2	3	
wk 2	8	9	10	11	12	wk 3	6	7	8	9	10
wk 3	15	16	17	18	19	Cook's Choice	13	14	15	16	17
wk 1	22	23	24	25	26	Cook's Choice	20	21	22	23	24
wk 2	29	30				Cook's Choice	27	28	29	30	31