

# Licking Heights Middle School LUNCH MENU 2018 - 2019

[www.lhschools.org](http://www.lhschools.org)



School Calendar

## MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

### (WEEK 1)

**DONATOS PIZZA**   
OR  
Mozzarella Cheese Sticks  
w/Marinara Sauce  
OR Spicy Chicken Sandwich  
Salad Bar  
Fruit





Korean Street Taco  
OR  
Chicken Sandwich  
OR Bento Box  
Curly Fries  
Salad Bar  
Fruit



Orange Chicken Bowl  
OR  
Bosco Sticks w/Marinara  
OR Spicy Chicken Sandwich  
Broccoli  
Salad Bar  
Fruit

Sampler Boat  
OR  
Chicken Nuggets  
OR Vegetarian Chef Salad  
Green Beans  
Salad Bar  
Fruit

Pizza  
OR  
Cheeseburger  
Salad Bar  
Fruit  
Oreo Cookies 




### (WEEK 2)

**MARCOS PIZZA**   
OR  
Spicy Chicken Sandwich  
Salad Bar  
Fruit



Tostitos Walking Taco  
OR  
Chicken Sandwich  
OR Bento Box  
Green Beans  
Salad Bar  
Fruit




Mashed Potato Bowl  
OR  
Chicken Nuggets  
Dinner Roll  
Corn  
Salad Bar  
Fruit

Chicken Sandwich  
OR  
Fiestada  
OR Vegetarian Chef Salad  
Salad Bar  
Fruit  
Chocolate Chip Cookie




Pizza  
OR  
Spicy Chicken Sandwich  
Curly Fries  
Salad Bar  
Fruit



### (WEEK 3)

**JETS PIZZA**   
OR  
Mini Corn Puppies  
Salad Bar  
Fruit





Korean BBQ Takeout  
OR  
All Beef Hot Dog  
OR Bento Box  
Salad Bar  
Fruit



Garlic Cheese Bread  
w/Marinara Sauce  
OR  
Chicken Sandwich  
Salad Bar  
Fruit



Bacon Cheeseburger  
OR  
Ocean Treasures  
Tator Tots  
Salad Bar  
Fruit  
Cookie

Pizza  
OR  
Spicy Chicken Sandwich  
Spicy Wedge Fries  
Salad Bar  
Fruit



AUG 2018					SEPT 2018						
M	T	W	T	F	M	T	W	T	F		
		1	2	3							
6	7	8	9	10	wk 1	3	4	5	6	7	
wk 1	13	14	15	16	17	wk 2	10	11	12	13	14
wk 2	20	21	22	23	24	wk 3	17	18	19	20	21
wk 3	27	28	29	30	31	wk 1	24	25	26	27	28

OCT 2018					NOV 2018						
M	T	W	T	F	M	T	W	T	F		
wk 2	1	2	3	4	5	wk 3			1	2	
wk 3	8	9	10	11	12	wk 1	5	6	7	8	9
wk 1	15	16	17	18	19	wk 2	12	13	14	15	16
wk 2	22	23	24	25	26	wk 3	19	20	21	22	23
wk 3	29	30	31			wk 1	26	27	28	29	30

DEC 2018					JAN 2019						
M	T	W	T	F	M	T	W	T	F		
wk 2	3	4	5	6	7		1	2	3	4	
wk 3	10	11	12	13	14	wk 2	7	8	9	10	11
wk 1	17	18	19	20	21	wk 3	14	15	16	17	18
	25	26	27	28	wk 1	21	22	23	24	25	
31					wk 2	28	29	30	31		

FEB 2019					MARCH 2019						
M	T	W	T	F	M	T	W	T	F		
wk 2				1	wk 3				1		
wk 3	4	5	6	7	8	wk 1	4	5	6	7	8
wk 1	11	12	13	14	15	wk 2	11	12	13	14	15
wk 2	18	19	20	21	22	wk 3	18	19	20	21	22
wk 3	25	26	27	28			25	26	27	28	29

APRIL 2019					MAY 2019						
M	T	W	T	F	M	T	W	T	F		
wk 1	1	2	3	4	5	wk 2			1	2	3
wk 2	8	9	10	11	12	wk 3	6	7	8	9	10
wk 3	15	16	17	18	19	Cook's Choice	13	14	15	16	17
wk 1	22	23	24	25	26	Cook's Choice	20	21	22	23	24
wk 2	29	30				Cook's Choice	27	28	29	30	31

**Breakfast- Free**  
**LUNCH PRICE- \$2.75**  
**REDUCED LUNCH PRICE - \$.40**  
**EXTRA MILK - \$.50**  
Meal payments can be made via cash or check (payable to Licking Heights Food Service) in an envelope with your students name clearly marked.  
On-line meal payments, or to check your student's lunch account balance, please visit:  
[www.myschoolbucks.com](http://www.myschoolbucks.com)

**Vegetarian Options Available Daily**

Free & Reduced Applications are available on-line at <https://www.myschoolapps.com>

"This institution is an equal opportunity provider."

SNACKS AND DRINKS AVAILABLE FOR PURCHASE

Milk and/or water included with all meals.

Licking Heights Local Schools cannot guarantee trace amounts of potential allergens not listed on food labels for sensitive individuals. We attempt to make reasonable accommodations for students with allergies. Please call the Food Service office for assistance. 614-626-7282.