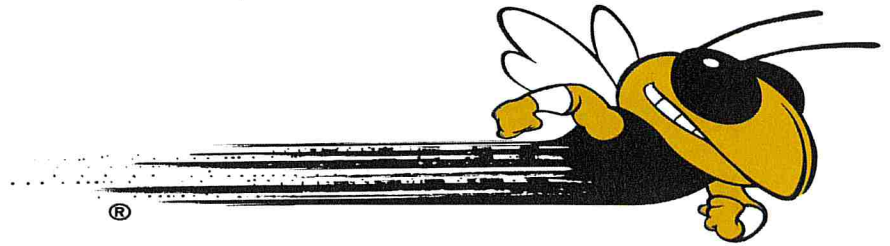


Licking Heights Hornet

Youth Cross Country Camp



Who: Grades 3-6

Where: Licking Heights High School Track

When: July 17- 21 6:00-7:30 pm

Cost: \$40 make checks payable to Licking Heights

Questions: Contact Coach Wand @ awand@lhschools.org or 614-570-4825

Come work on endurance, conditioning, proper form, stretching, strength building, making new friends and playing games with the Licking Heights Cross Country Team and Staff.

Participation limited to the first 40 registrants. (Participation will be confirmed through email.)

Please email the bottom of the form to:

Licking Heights

Licking Height Cross Country Camp

4000 Mink Street S.W.

Pataskala, OH 43062

Registration Deadline June 15, 2017

T-Shirt Size:

Youth Small ____ Youth Medium ____ Youth Large ____

Adult Small ____ Adult Medium ____ Adult Large ____ Adult X-Large ____

Camper's Name: _____ **Camper's Grade:** _____

Address: _____

Parent's Name: _____ **Phone:** _____

Parent's Email Address: _____

Emergency Contact: _____ **Phone:** _____

I hereby give my consent for emergency medical treatment for _____

(camper's name) if I cannot be reached. I release Licking Heights High School staff, coaches, cross country team and all volunteers for the Licking Heights cross country camp, from any and all liability from injury and illness which may be incurred while at camp.

Parent/Guardian Signature: _____